

PALS Course Student:

The PALS Course is designed to teach you the lifesaving skills required to be both a team member and a team leader in either in-hospital or out-of-hospital setting. Because the PALS Course covers extensive material in a short time, you need to prepare for the Course beforehand.

- Review the PALS Provider Manual and be familiar with the PALS algorithms and flowcharts so that you can apply them to clinical scenarios. Manuals are available through the EMS Education Department at 3451 N 14th Street, Bismarck, ND, 58503. The one change AHA has adopted is an open-book policy for exams - just another reason why it is important to check out a book and review before class. Books will not be guaranteed to be available for use the day of the course.
- The Resuscitation scenarios require that your BLS skills and knowledge are current. Review and understand all 2020 BLS guidelines, especially as they relate to pediatric patients.
- Bring a copy of your current BLS completion card.
- You are required to complete the Pre-course Self-Assessment at <https://elearning.heart.org/course/427>. This is to ensure that you have prepared for the course. It evaluates your knowledge in 3 areas: Rhythm Recognition, Pharmacology, and Practical Application. Bring a copy of the completion certificate to class. Take the test as often as necessary to achieve a passing score of 70% or higher.

The Course starts at 8:30 am so please make every effort to be on time - if you are more than 15 minutes late, you will be asked to register for the next available Course.

Looking forward to having you join us for the PALS Course -- Good Luck! Any questions, you can reach EMS Education at bismarckems@sanfordhealth.org or 701-323-6970.