

# SANFORD HEALTHCARE CAMPS



CAMP LOCATIONS		
Aberdeen, SD	Bemidji, MN	Bismarck, ND
Fargo, ND	Luverne, MN	Sioux Falls, SD

## **(Bemidji, MN) Scrubs Camp for High School Students: June 11-15, 2023**

Our Scrubs Camp helps students explore the boundless opportunities in the medical field. Scrubs Camp is for high school students who have a desire to learn about healthcare careers and educational paths.

**Hosted by:** Aspire by Sanford, Bemidji State University, and Northwest Technical College

**Age Group:** High School Students Grades 9-12

**Registration fee with housing:** Early Bird Registration Ends May 15: \$425 w/ housing or \$325 commuter

Regular Registration Begins May 16 Until Filled: \$465 w/ housing or \$365 commuter

*(Scholarships Available)*

**To register:** <https://www.bemidjistate.edu/academics/summer/summer-programs-for-all-ages/summer-academies-and-camps/>

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## **(Bemidji, MN) Sanford Bemidji & NTC Healthcare Career Day: August 10<sup>th</sup>, 2023**

Come spend a day with your local Sanford and Northwest Technical College and explore healthcare careers, school programs, and career pathways! This camp can help open the doors to different types of healthcare careers, healthcare professional consultation, and tours of NTC and Sanford.

**Hosted by:** Aspire by Sanford, Northwest Technical College

**Age Group:** Students Grades 8-12

**Registration fee with housing:** Free

**To register:** <https://app.smartsheet.com/b/form/ad8bff3c3b0d425b841875b37019d96a>

### **(Bismarck, ND) MedAdventure Camp: May 30-June 2, 2023 (CAMP FULL)**

Have you ever wondered how food gives you energy or how your bones hold you up? How do “bugs” make you sick? And how does your body heal when you have a cut or scrape? Join us for a week to experience a variety of health careers and the connection to wellness, science, skills, and knowledge! Each day will feature a different topic - from muscles and bones to the brain and nervous system. You get to try a simple (vegetable) surgery, casting with plaster, making fake blood and chyme, and much more. Meet nurses, dietitians, exercise physiologists, paramedics, music therapists, child life specialists, and more real-life people in the healthcare neighborhood!

**Hosted by:** Aspire by Sanford, Bismarck State College and NDSU School of Nursing

**Age group:** Grades 1-4

**Time:** 9 am – 12 pm

**Registration fee:** \$59

**Register:** [https://bsc.augusoft.net/index.cfm?method=ClassInfo.ClassInformation&int\\_class\\_id=31017&int\\_category\\_id=6&int\\_sub\\_category\\_id=145&int\\_catalog\\_id=0](https://bsc.augusoft.net/index.cfm?method=ClassInfo.ClassInformation&int_class_id=31017&int_category_id=6&int_sub_category_id=145&int_catalog_id=0)

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### **(Bismarck, ND) MedAdventure Camp: May 30-June 2, 2023**

Come to camp to walk in the shoes of those working in our healthcare setting. Dive deeper into health science careers with hands-on activities based on health science! Learn about a variety of health careers from people who work in nursing, respiratory therapy, radiation technology, emergency services, dietetics, and a medical lab. Activities may include: taking vitals, suturing, creating compounds, typing blood samples, inflating pig lungs, practicing intubation (on a manikin), exploring how X-rays are taken, drilling and filling cavities, and much more! You will not want to miss this opportunity to explore careers you did not know existed in the medical world. **CAMP IS CURRENTLY FULL**

**Hosted by:** Aspire by Sanford, Bismarck State College and NDSU School of Nursing

**Age group:** Grades 5-8

**Time:** 1-4 pm

**Registration fee:** \$59

**Register:** [https://bsc.augusoft.net/index.cfm?method=ClassInfo.ClassInformation&int\\_class\\_id=31027&int\\_category\\_id=6&int\\_sub\\_category\\_id=145&int\\_catalog\\_id=0](https://bsc.augusoft.net/index.cfm?method=ClassInfo.ClassInformation&int_class_id=31027&int_category_id=6&int_sub_category_id=145&int_catalog_id=0)

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### **(Bismarck, ND) HOPE Nursing Camp: June 26, 2023**

At this one-day camp, students will rotate through hands-on activity stations and simulations, meet nurses and nurse educators, and interact and have lunch with nursing students.

[View Camp Flyer](#)

**Hosted by:** Aspire by Sanford and NDSU

**Age group:** Grades 9-12

**Time:** 1 PM – 7:30 PM (CST)

**Registration fee:** \$35

**To register:** <https://app.smartsheet.com/b/form/7a75613f59db40b5ae4208bb7bb35c27>

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### **(Bismarck, ND) University of Mary's Rising Leadership Academy: June 11-14, 2023**

Develop key professional skills, network with industry leaders, and prepare to find your calling with North Dakota's premier summer leadership experience. You'll learn from expert mentors, explore your career interests, and gain hands-on experience as you enjoy a preview of college life on the University of Mary's welcoming campus. [View Camp Flyer](#)

**Hosted by:** Aspire by Sanford and University of Mary

**Age group:** Grades 9-12

**Time:** Overnight Camp

**Registration fee:** \$150

**To register:** <https://app.smartsheet.com/b/form/4580f01a01be463ba4eabda3618ca108>

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### **(Bismarck, ND) Health Science Career Exploration Camp: June 21, 2023**

Participants will learn about health sciences education by participating in real hands-on classes in each discipline offered by Bismarck State College's Health Sciences program. Students will explore: Medical Lab Science, Diagnostic Medical Sonography, EMT/Paramedic, Nursing, and Surgical Technology. [View Camp Flyer](#)

**Hosted by:** Aspire by Sanford and Bismarck State College

**Age group:** Grades 9-12

**Time:** 8 am – 4 pm

**Registration fee:** FREE

**To register:** <https://app.smartsheet.com/b/form/b99b1a12869d4173a0ad588c67574215>

## **(Fargo, ND) Health Occupations and Professions Exploration (HOPE) Camp: June 18-22, 2023**

This camp focuses on health careers that require a bachelor's degree and beyond. Students get a chance to explore health careers on site at Sanford locations and learn about academic pathways to healthcare in a university setting. If you know a student from a rural community who will be a junior or senior in high school or freshman in college this fall who is interested in exploring health careers, we have ONE spot available. [View Camp Flyer](#)

**Hosted by:** Aspire by Sanford and NDSU College of Health Professions

**Age group:** High school Junior or Senior -OR- College Freshman

**Registration fee:** \$250 (*Scholarships Available*)

**To register:** <https://app.smartsheet.com/b/form/d708e5a447124f1ba061b3fc290306ae>

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## **(Fargo, ND) Healthcare, Education, Adventures, Research, and Tours (HEART) Camp I June 5, 2023**

The camp will focus on health careers requiring entry-level training ranging from certificate programs to associate degrees. Students will experience health careers on-site at Sanford Medical Center in Fargo, ND and learn about health care programs and training at Minnesota State Community & Technical College across the river from Fargo in Moorhead, MN. This camp is offered specifically to students from rural communities. [View Camp Flyer](#)

**Hosted by:** Aspire by Sanford and M-State Moorhead

**Age group:** High school Junior or Senior -OR- College Freshman

**Registration fee:** \$25 (*Scholarships Available*)

**To register:** <https://app.smartsheet.com/b/form/c90eb93dbe1349a4bdc50ebef393159c>

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## **(Fargo, ND) Healthcare, Education, Adventures, Research, and Tours (HEART) Camp II June 26, 2023**

This camp is a collaboration between North Dakota State College of Science (NDSCS) and Sanford! At HEART Camp, we will focus on health careers requiring entry-level training ranging from certificate programs to associate degrees. Students will experience health careers on-site at Sanford Clinic in Wahpeton and learn about health care programs and training on the NDSCS campus. This camp is offered specifically to students from rural communities. [View Camp Flyer](#)

**Hosted by:** Aspire by Sanford and North Dakota State College of Science (NDSCS)

**Age group:** High school Junior or Senior -OR- College Freshman

**Registration fee:** \$25 (*Scholarships Available*)

**To register:** <https://app.smartsheet.com/b/form/e20ef7dc5f6a46bb8ee98272aab7f272>

## **(Fargo, ND) Sanford PROMISE Camp - June 8, 2023**

### **Inside Out: An Anatomy and Health Experience**

How do our organs work to keep us alive and how can we keep them healthy? In this program, students will learn about the heart, lungs, and kidneys. They will dissect each organ, learn about the function, learn how to keep them healthy, and learn about why researchers are interested in it. Participants will need parental/guardian permission to participate in dissection and fitness activities. The program is limited to 30 students on a first-come, first-served basis. Camp is held at North Dakota State University. [View Camp Flyer](#)

**Age group:** Students in grades 6-8 during the 2022-2023 school year

**Time:** 8:30 AM – 4 PM (CST)

**Registration fee:** Free

**To register:** <https://app.smartsheet.com/b/form/ed1d0297e24e4c94940ca30312cac577>

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## **(Sioux Falls, SD) Healthcare Camp: June 5-8, 2023**

The camp includes hands-on activities in nursing and laboratory science, healthcare career exploration, and an opportunity to meet healthcare professionals.

**Hosted by:** Aspire by Sanford, Sanford PROMISE, Sioux Falls CTE Academy, and Southeast Technical College

**Age group:** Rising 6-9<sup>th</sup> graders

**Time:** Group 1: 8 AM-noon; Group 2: 1 PM -5 PM

**Registration fee:** \$25 (*Scholarships Available*)

**To register:** <https://www.ctecareercamps.com/health-care-camp.cfm>

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## **(Sioux Falls, SD) Inside Out Sanford PROMISE Camp: June 27 (FULL) or July 11 (FULL)**

Participants will learn about the heart, lungs, and kidneys. They will dissect each organ, learn about the function, learn how to keep them healthy, and learn about why researchers are interested in it. **CAMP IS CURRENTLY FULL**

**Age group:** 6-8<sup>th</sup> graders

**Time:** 8:30 AM – 4 PM (CST)

**Registration fee:** Free

**To register:** <https://app.smartsheet.com/b/form/ed1d0297e24e4c94940ca30312cac577>

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### **(Sioux Falls, SD) Finding Your Roots PROMISE Camp: July 24-28, 2023**

In this program, students will use science to answer the question “Who am I?” Students will extract and analyze their own DNA, learn about human evolution, and dig into the stories of their ancestors. **CAMP IS CURRENTLY FULL**

**Age group:** 6-8<sup>th</sup> graders

**Time:** 8:30 AM-4 PM

**Registration fee:** Free

**To register:** <https://app.smartsheet.com/b/form/ed1d0297e24e4c94940ca30312cac577>

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### **(Sioux Falls, SD) Dakota Dreams: June 18-22, 2023**

Campers will be immersed in a week of ‘college life’ designed to explore career paths through engaging activities and tours of area business and industry. By the end of this five-day residential camp, students will have a better understanding of themselves, their personal career interests, and how education connects to these professions. Campers will experience: Exposure to 11 career paths through hands-on learning. This includes Legal Practice & Law Enforcement; Graphic Design & Digital Marketing; Arts in Health; Teacher Education; Supply Chain; Speech Language Pathology & Audiology; Computer Science; Health Science & Medicine; Media Design; Accounting; Medical Assistant; Nursing. [View More Camp Information](#)

**Hosted by:** University of South Dakota and Southeast Technical College; Industry Tour at USD Sanford Medical Center in Sioux Falls

**Age group:** Incoming 7<sup>th</sup> & 8<sup>th</sup> Graders

**Registration fee:** Free

**To register:** <https://fs27.formsite.com/SDBOR/wllaica6ro/index.html>

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### **(Luverne, MN) Sanford PROMISE Camp: June 13, 2023**

#### **Inside Out: An Anatomy and Health Experience**

How do our organs work to keep us alive and how can we keep them healthy? In this program, students will learn about the heart, lungs, and kidneys. They will dissect each organ, learn about the function, learn how to keep them healthy, and learn about why researchers are interested in it. Participants will need parental/guardian permission to participate in dissection and fitness activities. The program is limited to 30 students on a first-come, first-served basis.

**Age group:** Students in grades 6-8 in the 2021-2022 school year

**Time:** 8 AM – 4 PM (CST)

**Registration fee:** Free

**To register:** <https://app.smartsheet.com/b/form/ed1d0297e24e4c94940ca30312cac577>

### **(Aberdeen, SD) Summer MedX: June 23, 2023**

Sanford MedX is a healthcare career exploration program offered to high school students in the Aberdeen area. MedX encourages participants to explore healthcare careers by creating an engaging, fun Sanford experience. The program offers a behind-the-scenes glimpse of a variety of healthcare careers. Activities include hands-on experiences, presentations, tours, and investigating familiar and not-so familiar healthcare areas. [View Camp Flyer](#)

**Hosted by:** Sanford Health

**Age group:** High School Students

**Time:** 7:45 am – 3:15 pm

**Registration fee:** Free

**To register:** <https://app.smartsheet.com/b/form/701b1e14888e4635ad5fc1f6f9a68bdf>

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### **(Aberdeen, SD) Dakota Dreams: July 9-12, 2023**

Dakota Dreams at Northern offers incoming 7th and 8th grade students the chance to experience a week of college life and explore career paths through engaging activities and tours of area businesses and industries. This grant-funded camp is free of charge! All activities, meals, and lodging during the event are provided, including four nights in Northern's Great Plains East Residence Hall. [View More Camp Information](#)

**Hosted by:** Northern State College partnering with Lake Area Tech & Industry Partners

**Age group:** Incoming 7<sup>th</sup> & 8<sup>th</sup> Graders

**Time:** Residential Camp

**Registration fee:** Free

**To register:** <https://fs27.formsite.com/SDBOR/wllaica6ro/index.html>

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